



AUGUST 2019

Gospel Text: “He puts forth his arm in strength and scatters the proud hearted. He casts the mighty from their thrones and raises the lowly. He fills the starving with good things, sends the rich away empty...” (Lk 1:51-53).

MARY: Mary, sure of God’s preferences, looks contemplatively at the reality that surrounds her. She sees the tenderness with which God lifts up the lowly and scatters the proud.

GOD: The strength of His arm, is the strength of goodness, capable of satisfying the longings of the needy and of revealing their weaknesses to those who put themselves in God’s place.

CLAUDINE: Claudine sees herself as a lowly one. She places her trust in God. She accepts the insults and does not try to defend herself.

OUR JM FAMILY: “Consider the discourse which Christ our Lord makes to all His servants and friends whom He sends on this expedition, recommending them to want to help all, by bringing them first to the highest spiritual poverty, and - if His Divine Majesty would be served and would want to choose them- no less to actual poverty; the second by attracting them to a desire of reproaches and contempt; because from these two things humility follows. So that there are to be three steps: the first, poverty against riches; the second, reproaches or contempt against worldly honor; the third, humility against pride. And from these three steps let them induce people to all the other virtues” (Sp. Ex. 146).

GRACE: Seek the grace to recognize our need of God; that He would scatter our pride and fill us in our need.

- Recognize the strength of God’ arm in my own story and in the reality that surrounds me.
- What pride has God scattered in me and what needs has He fulfilled?

ACTIVITY: To be hidden in Goddo some corporal or spiritual act of mercy, that no one sees, a small gesture daily... to live a life truly hidden with God.

